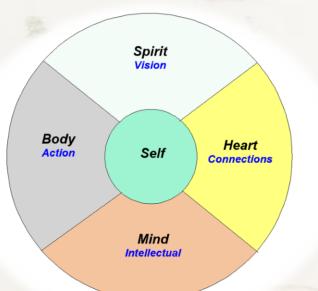
Using the Medicine Wheel For Climate Action Inquiry, Planning, and Evaluation

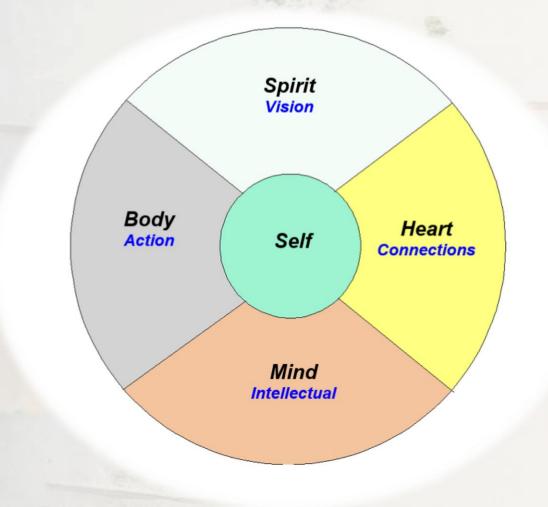


Developed by Annie Jones, PhD, University of Wisconsin Extension Professor, Tribal Nations Liaison and Organization Development Specialist

Adapted with permission by Cat Techtmann-UW Madison-Division of Extension

Focus on this question as you move through each section of the Medicine Wheel:

How Can I Take Action on Climate Change?

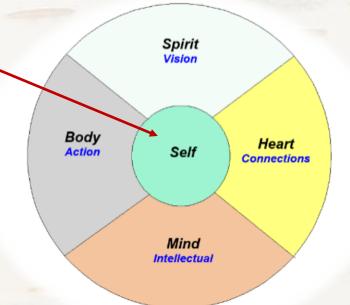


Copy this Medicine Wheel and use it as a "template" for developing your action plan

Start with SELF

Reflect on your beliefs, wishes, values, and assumptions

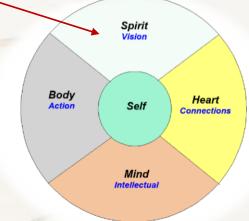
- What gifts do I bring into the start of this journey?
- What is important to me about climate change, why do I care?
- What is my intention?





Reflect on what inspires you to take action on climate change

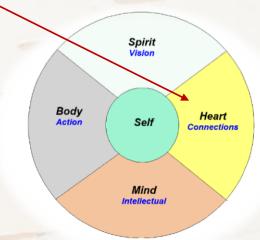
- What is my higher purpose in doing this?
- Why is the world calling my name for this purpose?
- What is my vision for what I can do, or we can do together?
- How does doing this strengthen my spirit, the spirit of others?
- What's the deeper purpose that is really worthy of my best effort?
- What's possible?





Reflect on your feelings about taking action on climate change

- What can I hope to do?
- What beliefs and/or values are motivating me?
- Who or what can help me?
- What relationships should I build?
- Who or what are barriers or concerns?
- How might my personal values be reflected, or challenged?
- How do I feel about this?

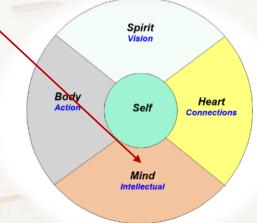


Intellectual

Mind

Reflect by <u>analyzing</u> what it means to take action on climate change

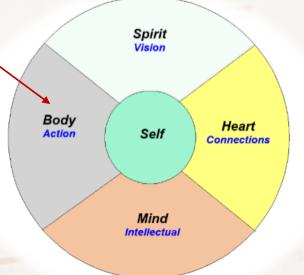
- What is my rationale for doing this?
- What are my goals and priorities?
- What do I need to learn to do this, and from whom?
- What assumptions do I need to test or challenge here?
- What's the next level of thinking I need in order to achieve this?



Action

Reflect on taking action on climate change

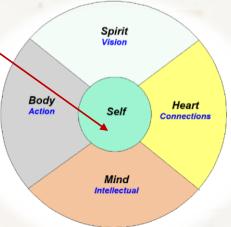
- What must I do in order to be successful?
- What needs my immediate attention in order to move this forward?
- When should I implement these actions-what is the best sequence?
- Where should I take action?
- How will I evaluate success?



RETURN to SELF

Reflect on this experience and the intent of our dialogue

- What is one idea or feeling that you will take away from this experience?
- What do you hope to carry with you, maintain, or communicate when you return home?
- What lessons can you "take out" after examining the gifts of the medicine wheel?



Medicine Wheel Tool template showing reflective questions for each section

Spirit Vision

- . What is our higher purpose in doing this?
- . How does doing this strengthen our spirit individually?
- How does doing this strengthen our spirit as a Unit?
- Why is the world calling our name for this purpose?
- . What do we envision we will do together?

Self

"bringing in" at the

What lesson can we

"take out" after

start of our journey?

examining the gifts of

the medicine wheel?

What are we

Body Action

- What actions must we take individually and as a Unit in order to be successful?
- When should we implement these actions-what is the best sequence for implementing them?
- How will we demonstrate infusion of cultural values in our
- daily work? How will we evaluate
- success?

Heart

Connections

- How can we be to do this in a good way?
- What motivates us to do this?
- Who or what can help us?
- What relationships should we build?
- Who or what are barriers to our success?
 - How can we "live" these values in our work?

Mind

Intellectual

- Why are we doing this?
- What are our goals and priorities?
- What do we need to learn, and from whom?
- What's the next level of thinking we need to do to achieve our vision?



Reflect on your responses to the Medicine Wheel questions

What action are your reflections leading you to take?

You can also use this tool to reflect on the results of the action you have taken